



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

EDUCATE & EMPOWER

The reason we have a dress code for our events is to educate and empower our participants.

Educate students about proper dress etiquette and expectations for business and business casual. This type of dress expectation is used for interviews, work place environments or college interviews.

Empower students to feel confident in their clothing which is visual image of one's self. When you dress the part, you will act the part.

Dress Code Expectations:

At each event students and advisors must adhere to the following dress expectations.

OVERALL EXPECTATIONS:

- Shirt tails tucked in and pants pulled up
- Keep your hair styled so that it won't fall into your face.
- Dress socks must be worn at all times
- Suit jackets must be worn at all times
- Dresses and skirts may not be more than 2 inches above the knee. If not meeting expectation delegates are asked to wear pants.
- No sleeveless or spaghetti straps unless accompanied by sweater or suit jacket.

CASUAL ATTIRE Examples:

Retreats, Friday Fun Night and Travel Times

- Plain t-shirt, sweatshirts, sweaters, jeans, khaki's, dress and/or skirts
- Undergarments must be worn and may not be seen
- Shoes must be worn at all times

BUSINESS CASUAL ATTIRE Examples:

Thursday Conference and Pre-Conference

- Dress shoes, dark socks, 3inch or less heels (no peep toe), flats
- Sports coat, slacks, dress shirt, tie, dress shoes, belt & socks
- Suit, dress shirt, tie, dress shoes, belt & socks
- Blouse, skirt/pants and dress shoes
- Dress, and dress shoes

BUSINESS FORMAL ATTIRE Examples:

Friday Program Sessions & Saturday Program Sessions –Governor's Gala.

(*Additional option for Governor's Gala only)

- Dress shoes, dark socks, 3inch or less heels (no peep toe), flats
- Suit, dress shirt, tie/bowtie, dress shoes, belt & socks
- Blouse, skirt/pants and dress shoes
- Dress with jacket and dress shoes
- Modest party dress, or floor length dress*

Need Help Finding Clothing

Options/Affordable:

- Department Store – Belk, Macy's
- H&M has an affordable work section
- Local thrift or consignment shop
- Talk with your advisor for suggestions
- Ask family and friends to borrow options

North Carolina
**YMCA YOUTH &
GOVERNMENT**